

Thank You, Emily Rencsok, for these notes.

Video Lecture #1 – Introduction to Momentum and Derivation of Conservation of Momentum

$$\vec{p} = m\vec{v} \quad \frac{\text{kg}\cdot\text{m}}{\text{s}}$$

$$\Sigma \vec{F} = \frac{d\vec{p}}{dt} = \frac{d}{dt}(m\vec{v})$$

$$= \frac{dm}{dt}\vec{v} + m\frac{d\vec{v}}{dt}$$

$$= \frac{dm}{dt}\vec{v} + m\vec{a}$$

$$\Sigma \vec{F} = \frac{d\vec{p}}{dt} \quad \text{mass can change}$$

Conservation of Momentum

$$\Sigma \vec{p}_i = \Sigma \vec{p}_f$$

$$\text{when } \Sigma \vec{F} = \frac{d\vec{p}}{dt} = 0$$

Forces are internal

Video Lecture #2 – Introductory Conservation of Momentum Problem using Unit Vectors

$$\text{Ex) } m_{\text{ball}} = 15 \text{ kg}$$

$$v_{\text{ball}} = (7.5\hat{i} + 4.7\hat{j}) \text{ m/s}$$

on ice $\mu = 0$

$$m_{\text{you}} = 75 \text{ kg}$$

$$v_{\text{you}} = ?$$

$$\Sigma \vec{p}_i = \Sigma \vec{p}_f$$

$$m_b v_{bx} + m_y v_{yx} = m_b v_{fb} + m_y v_{fy}$$

$$0 = m_b v_{fb} + m_y v_{fy}$$

$$-m_b v_{fb} = m_y v_{fy}$$

$$-(15)(7.5\hat{i} + 4.7\hat{j}) = (75)(v_{fy})$$

$$v_{fy} = (-1.5\hat{i} - 0.94\hat{j}) \text{ m/s}$$

$$\frac{7.5}{4.7} = \frac{-1.5}{-0.94}$$

Video Lecture #3 – Derivation of Impulse using an Integral and Impulse Approximation

$$\vec{\Sigma F} = \frac{d\vec{p}}{dt}$$

$$\int_{t_i}^{t_f} \Sigma F dt = \int_{p_i}^{p_f} dp$$

$$\Delta p = \int_{t_i}^{t_f} \Sigma F dt = \mathbf{I} = \mathbf{J}$$

↑
Impulse

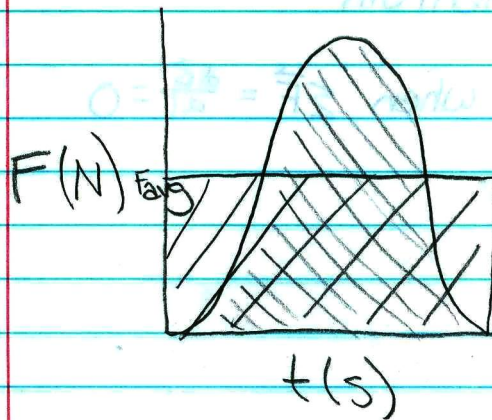
Impulse approximation

$F_{\text{collision}} \gg$ all other forces

$$\Sigma F = F_{\text{collision}}$$

$$\Delta p = \int_{t_i}^{t_f} F dt = J$$

$$W = \int_{x_i}^{x_f} F dx$$



$$I = \overline{F} \Delta t$$

↑
 F_{avg}

Video Lecture #4 – Introduction to the Indefinite Integral and Deriving two UAM Equations

$$a = \frac{dv}{dt}$$

$$\int dv = \int a dt$$

indefinite

$$v(t) = at + c \leftarrow c \text{ is an unknown (initial condition)}$$

$$\text{let } t=0$$

$$v(0) = a(0) + c$$

$$v_i = c$$

$$v(t) = at + v_i$$

$$v_f = v_i + a\Delta t$$

$$v = \frac{dx}{dt}$$

$$\int dx = \int v dt$$

$$x(t) = \int (v_i + at) dt$$

$$x(t) = v_i t + \frac{at^2}{2} + c$$

$$x(0) = v_i(0) + \frac{a(0)^2}{2} + c$$

$$x_i = c$$

$$x(t) = v_i t + \frac{1}{2} at^2 + x_i$$

$$x_f = x_i + v_i t + \frac{1}{2} at^2$$

Video Lecture #5 – (Part 1 of 3) Dropping a Racket Ball on a Force Sensor - Demonstrating the Power of Calculus

Demo $m_b = 40.5 \text{ g}$

$$F = [-3.039 \times 10^6 t^2 + 1.887 \times 10^4 t + 0.7165] \text{ N}$$

$$t = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

$$t = \frac{-1.887 \times 10^4 \pm \sqrt{(1.887 \times 10^4)^2 - 4(-3.039 \times 10^6)(0.7165)}}{2(-3.039 \times 10^6)}$$

$$t = -0.00003774 \text{ s} \text{ or } 0.006257 \text{ s}$$

$$F(t) = (-3.034 \times 10^6 t^2 + 1.910 \times 10^4 t) \text{ N}$$

Video Lecture #6 – (Part 2 of 3) Dropping a Racket Ball on a Force Sensor - Demonstrating the Power of Calculus

$$F(t) = (-3.034 \times 10^6 t^2 + 1.910 \times 10^4 t) \text{ N}$$

$$0 = -3.034 \times 10^6 t^2 + 1.910 \times 10^4 t$$

$$3.034 \times 10^6 t = 1.910 \times 10^4$$

$$t = 0.006295 \text{ s}$$

$$J = \int_0^{0.006295} F dt = \int_0^{0.006295} (-3.034 \times 10^6 t^2 + 1.910 \times 10^4 t) dt$$
$$= \left[\frac{-3.034 \times 10^6 t^3}{3} + \frac{1.91 \times 10^4 t^2}{2} \right]_0^{0.006295}$$

$$J = 0.1262 \text{ N}\cdot\text{s}$$

$$J = F_{\text{avg}} \Delta t$$

$$F_{\text{avg}} = \frac{J}{\Delta t}$$

$$F_{\text{avg}} = \frac{0.1261588}{0.006295}$$

$$F_{\text{avg}} = 20.04 \text{ N}$$

much bigger
than F_g

$$m = 0.0405 \text{ kg}$$

$$F_g = mg = (0.0405)(9.8) = 0.3969 \text{ N}$$

$$\Sigma \vec{F} = m\vec{a}$$

$$\vec{a} = \frac{\Sigma \vec{F}}{m}$$

$$\vec{a} = \frac{-3.034 \times 10^6 t^2 + 1.910 \times 10^4 t}{0.0405}$$

$$a(t) = (-7.506 \times 10^7 t^2 + 4.716 \times 10^5 t) \text{ m/s}^2$$

$$\frac{da}{dt} = \text{jerk} = 0 = \frac{d}{dt}(-7.506 \times 10^7 t^2 + 4.716 \times 10^5 t)$$

$$0 = -1.5012 \times 10^8 t + 4.716 \times 10^5$$

$$t = 0.003141 \text{ s} \quad t @ F_{\text{max}}$$

Video Lecture #7 – (Part 3 of 3) Dropping a Racket Ball on a Force Sensor - Demonstrating the Power of Calculus

$$F_{\text{max}} = -3.034 \times 10^6 t^2 + 1.91 \times 10^4 t$$

$$F(0.003141) = -3.034 \times 10^6 (0.003141)^2 + 1.91 \times 10^4 (0.003141)$$

$$F_{\text{max}} = 29.85 \text{ N}$$

$$v(t) = \int a dt$$

$$v(t) = \int (-7.506 \times 10^7 t^2 + 4.716 \times 10^5 t) dt$$

$$V(t) = \frac{-7.506 \times 10^7 t^3}{3} + \frac{9.716 \times 10^5 t^2}{2} + C$$

$$V(t) = -2.502 \times 10^7 t^3 + 2.358 \times 10^5 t^2 + C$$

$$V(0.003141) = 0 = -2.502 \times 10^7 (0.003141)^3 + 2.358 \times 10^5 (0.003141)^2 + C$$

$$V_i = C = -1.551 \text{ m/s}$$

$$V(t) = -2.502 \times 10^7 t^3 + 2.358 \times 10^5 t^2 - 1.551$$

$$x(t) = \int v dt$$

$$= \int -2.502 \times 10^7 t^3 + 2.358 \times 10^5 t^2 - 1.551$$

$$= -\frac{2.502 \times 10^7 t^4}{4} + \frac{2.358 \times 10^5 t^3}{3} - 1.551t + C$$

let $x_i = 0$

$$= -6.255 \times 10^6 t^4 + 7.86 \times 10^4 t^3 - 1.551t + 0$$

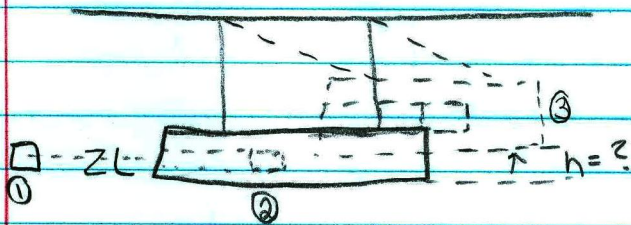
Can find spring constant of racketball

Video Lecture #8 – Introduction to Elastic, Inelastic and Perfectly Inelastic Collisions

	<u>Types of Collisions</u>	<u>p cons?</u>	<u>KE cons?</u>
	Elastic (bounce)	yes	yes
(Perfectly)	Inelastic (stick)	yes	no

Ex) Ballistic pendulum

Knowns: $v_{1b}, m_b, m_w, v_{1w} = 0$



1 → 2
 $\Sigma F = \frac{dp}{dt} = 0$

$\Sigma \vec{p}_i = \Sigma \vec{p}_f$

$\Sigma \vec{p}_i = \Sigma \vec{p}_f$

$m_b v_{1b} + m_w v_{1w} = m_b v_{2b} + m_w v_{2w}$

$m_b v_{1b} = (m_b + m_w) v_2$

$v_{2w} = v_{2b} = v_2$

2 → 3

$mE_2 = mE_3$

$\frac{1}{2} m v_2^2 = U_{g+3}$

$\frac{1}{2} m v_2^2 = m g h_3$

$\frac{v_2^2}{2} = g h_3$

$h_3 = \frac{v_2^2}{2g}$

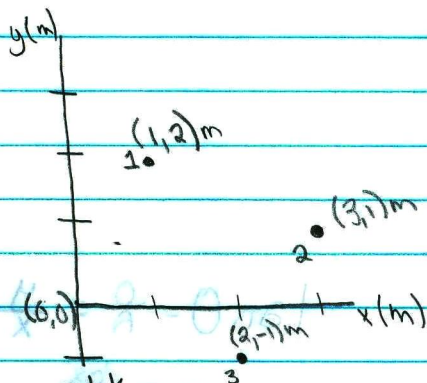
$h_3 = \frac{(m_b v_{1b})^2}{2g(m_b + m_w)^2}$

Video Lecture #10 – Introduction to Center of Mass of a System of Particles with Example Problem

Center of mass

$x_{cm} = \frac{m_1 x_1 + m_2 x_2}{m_1 + m_2}$

particles



$x_{cm} = \frac{(1)(1) + (2)(3) + (3)(2)}{1 + 2 + 3}$

$x_{cm} = 2.1667$

$x_{cm} = 2.2 \text{ m}$

$m_1 = 1 \text{ kg}$

$m_2 = 2 \text{ kg}$

$m_3 = 3 \text{ kg}$

Video Lecture #11 – Introductory Example Problem - Center of Mass of an Rigid Object with Shape using an Integral

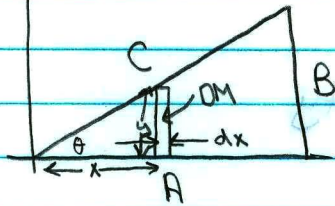
$$x_{cm} = \frac{\sum x_i \Delta m_i}{\lim_{\Delta m_i \rightarrow 0} M_{total}}$$

$$x_{cm} = \frac{1}{M_{total}} \int x dm$$

$$r_{cm} = \frac{1}{m_t} \int r dm \quad \text{objects w/ shape}$$

Ex1 CM of a Δ

thickness, t , constant density
uniform triangle



$$x_{cm} = \frac{1}{m_t} \int x dm$$

$$\rho = \frac{m}{V} = \frac{m_t}{V_t} = \frac{dm}{dV}$$

$$dm = \rho dV$$

$$dV = y dx t$$

$$dV = y t dx$$

$$dm = \rho(y)(t)(dx)$$

$$\rho = \frac{m_t}{V_t} = \frac{m_t}{\frac{1}{2}ABt}$$

$$dm = \frac{m_t}{\frac{1}{2}ABt} (y dx)$$

$$dm = \frac{2m_t y}{AB} dx$$

$$x_{cm} = \frac{1}{m_t} \int x dm$$

$$x_{cm} = \frac{1}{m_t} \int x \left(\frac{2m_t y}{AB} \right) dx$$

$$x_{cm} = \frac{2m_t}{m_t AB} \int xy dx$$

$$x_{cm} = \frac{2}{AB} \int xy dx$$

$$x_{cm} = \frac{2}{AB} \int x \left(\frac{b}{a} x \right) dx$$

$$x_{cm} = \frac{2}{a^2} \int x^2 dx$$

$$x_{cm} = \frac{2}{a^2} \int_0^a x^2 dx$$

$$x_{cm} = \frac{2}{a^2} \left[\frac{x^3}{3} \right]_0^a$$

$$x_{cm} = \frac{2a}{3a^2} = \frac{2}{3}a$$

$$\tan \theta = \frac{a}{b} = \frac{y}{x} = \frac{b}{a}$$

$$y = \frac{bx}{a}$$

$$y = mx + b$$

$$y = \frac{b}{a}x + 0$$

$$y = \frac{b}{a}x$$

Video Lecture #12 – Problem - Finding the Center of Mass of a Rigid Object with Shape with a Non-Constant Density

Ex) Rod length = 90 cm $\lambda = [75.0 - 75.0x^2]$ g/m

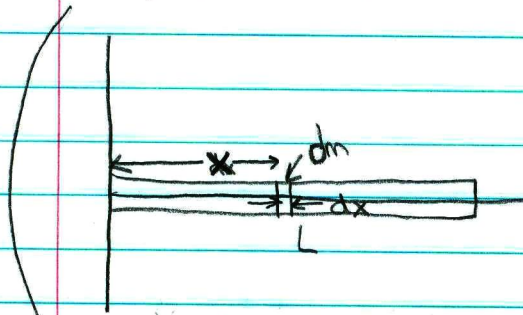
$\rho = \frac{m}{V}$ volumetric mass density

Lowercase sigma $\rightarrow \sigma = \frac{m}{A}$ surface mass density

$\lambda = \frac{m}{L}$ linear mass density

$x_{cm} = ? = \frac{1}{m_t} \int x dm$

$m_t = \int dm = \int \lambda dx$



$\lambda = \frac{m}{L} = \frac{dm}{dx}$
 $dm = \lambda dx$

$m_t = \int_0^{0.90} (75 - 75x^2) dx$

$= 75x - \frac{75x^3}{3} \Big|_0^{0.9}$

$= 75x - 25x^3 \Big|_0^{0.9}$

$= 75(0.9) - 25(0.9)^3$

$m_t = 49.275$

$m_t = 49.3 \text{ g}$

$x_{cm} = \frac{1}{m_t} \int x dm$

$x_{cm} = \frac{1}{m_t} \int x \lambda dx$

$x_{cm} = \frac{1}{m_t} \int x (75 - 75x^2) dx$

$x_{cm} = \frac{1}{m_t} \int_0^{0.9} (75x - 75x^3) dx$

$x_{cm} = \frac{1}{m_t} \left[\frac{75x^2}{2} - \frac{75x^4}{4} \right]_0^{0.9}$

$x_{cm} = \frac{1}{49.275} \left(\frac{75(0.9)^2}{2} - \frac{75(0.9)^4}{4} \right)$

$x_{cm} = 0.367 \text{ m}$

Video Lecture #13 – Introduction to Velocity and Acceleration of a System of Particles

$$V = \frac{dx}{dt} \quad r_{cm} \quad a = \frac{dv}{dt}$$

$$V_{cm} = \frac{dr_{cm}}{dt} \quad a_{cm} = \frac{dV_{cm}}{dt}$$

Video Lecture #14 – An Introductory Review of Circular Motion and Deriving Tangential Velocity and Acceleration

$$s = r\theta \quad C = 2\pi r$$

use radians

$$1 \text{ rev} = 360^\circ = 2\pi \text{ rad}$$

$$\bar{\omega} = \frac{\Delta\theta}{\Delta t} \quad \omega_{inst} = \frac{d\theta}{dt}$$

$$\bar{\alpha} = \frac{\Delta\omega}{\Delta t} \quad \alpha_{inst} = \frac{d\omega}{dt}$$

$$\omega_f = \omega_i + \alpha\Delta t$$

$$\Delta\theta = \omega_i\Delta t + \frac{1}{2}\alpha\Delta t^2$$

$$\omega_f^2 = \omega_i^2 + 2\alpha\Delta t$$

$$s = r\theta$$

$$\frac{d}{dt}(s = r\theta)$$

$$\frac{ds}{dt} = r \frac{d\theta}{dt}$$

$$v_t = r\omega$$

$$\frac{d}{dt}(v_t = r\omega)$$

$$\frac{dv_t}{dt} = r \frac{d\omega}{dt}$$

$$a_t = r\alpha$$

$$s = r\theta$$

$$v_t = r\omega$$

$$a_t = r\alpha$$

$$a_c = \frac{v_t^2}{r} = \frac{(r\omega)^2}{r}$$

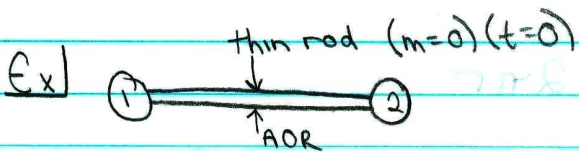
$$a_c = r\omega^2$$

$$a_c = r\omega^2$$

Video Lecture #15 – Deriving Rotational Kinetic Energy and Moment of Inertia with Example Problem

$$\begin{aligned}
 KE_t &= \sum_i KE_i \\
 &= \sum_i \frac{1}{2} m_i (v_i)^2 \\
 &= \sum_i \frac{1}{2} m_i (r_i \omega_i)^2 \\
 &= \sum_i \frac{1}{2} m_i r_i^2 \omega_i^2
 \end{aligned}$$

$KE_t = \frac{1}{2} (\sum m_i r_i^2) \omega_i^2$
dist from axis of rotation
 $I = \sum_i m_i r_i^2$ (moment of inertia)
 "Rotational mass"
 $KE_t = \frac{1}{2} I \omega^2$
rotational kinetic energy

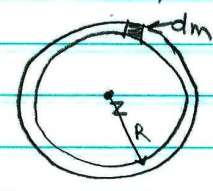


$m = 2.0 \text{ kg}$ $L = 1.0 \text{ m}$
 $\omega = 1.5 \text{ rpm} \left(\frac{2\pi \text{ rad}}{\text{rev}} \right) \left(\frac{\text{min}}{60 \text{ s}} \right) = 0.157079 \text{ rad/s}$
 $I = \sum_i m_i r_i^2 = m_1 r_1^2 + m_2 r_2^2 = (2)(0.5)^2 + (2)(0.5)^2$
 $I_{cm} = 1.0 \text{ kg} \cdot \text{m}^2$
 $KE_{rot} = \frac{1}{2} I \omega^2 = \frac{1}{2} (1)(0.157079)^2$
 $KE_{rot} = 0.012337 \text{ (kg} \cdot \text{m}^2) \left(\frac{\text{rad}}{\text{s}} \right)^2 = \frac{\text{kg} \cdot \text{m}^2 \cdot \text{rad}^2}{\text{s}^2} = \left(\frac{\text{kg} \cdot \text{m}}{\text{s}^2} \right) \text{m} = \text{N} \cdot \text{m} = \text{J}$
 $KE_{rot} = 12.3 \text{ mJ}$

Video Lecture #16 – Deriving the Moment of Inertia of a Uniform Thin Hoop about its Center of Mass

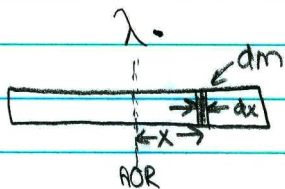
$$\begin{aligned}
 I &= \lim_{\Delta m \rightarrow 0} \sum r_i^2 \Delta m_i \\
 I &= \int r^2 dm \quad \text{rigid object w/ shape}
 \end{aligned}$$

Ex) Thin, uniform hoop



$$\begin{aligned}
 I_z &= \int r^2 dm \\
 &= r^2 \int dm \\
 &= r^2 m \\
 I_z &= mR^2
 \end{aligned}$$

Ex | Uniform rigid rod



$$I_y = \int r^2 dm$$

$$I_y = \int r^2 \frac{m}{L} dx$$

$$I_y = \frac{m}{L} \int_{-L/2}^{L/2} x^2 dx$$

$$I_y = \frac{m}{L} \left(\frac{x^3}{3} \right)_{-L/2}^{L/2}$$

$$I_y = \frac{m}{L} \left(\frac{(L/2)^3}{3} - \frac{(-L/2)^3}{3} \right)$$

$$I_y = \frac{m}{L} \left(\frac{L^3}{24} + \frac{L^3}{24} \right)$$

$$I_y = m \left(\frac{L^2}{24} + \frac{L^2}{24} \right)$$

$$I_y = \frac{1}{12} mL^2$$

$$\lambda = \frac{m}{L} = \frac{dm}{dx}$$

$$dm = \lambda dx$$

$$dm = \frac{m}{L} dx$$

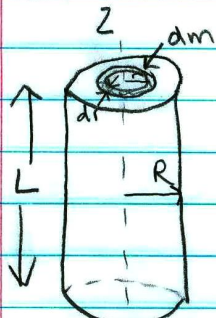
Ex | $I_{end} = ?$

$$I_{end} = \frac{m}{L} \int_0^L x^2 dx$$

$$= \frac{m}{L} \left[\frac{x^3}{3} \right]_0^L = \frac{mL^3}{3L} = \frac{1}{3} mL^2$$

Video Lecture #18 – Deriving the Moment of Inertia of a Uniform Cylinder about its Long Cylindrical Axis

Ex) Uniform solid cylinder



$$I_z = \int r^2 dm$$

$r = \text{variable}$
 $R = \text{constant}$

$$\rho = \frac{m}{V} = \frac{dm}{dV}$$

$$dm = \rho dV$$

$$dV = (2\pi r) L dr$$

$$\rightarrow dm = \rho 2\pi r L dr$$



$$\rho = \frac{m_t}{V_t} = \frac{m_t}{\pi R^2 L}$$

$$I_z = \int r^2 \rho 2\pi r L dr$$

$$= \rho 2\pi L \int_0^R r^3 dr$$

$$= \rho 2\pi L \left(\frac{r^4}{4} \right)_0^R$$

$$= \rho 2\pi L \frac{R^4}{4}$$

$$= \frac{m_t}{\pi R^2 L} 2\pi L \frac{R^4}{4} = \frac{1}{2} m_t R^2$$

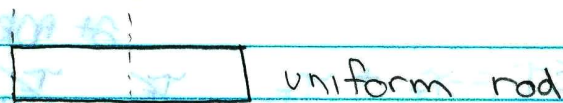
Video Lecture #19 – A Statement about Moment of Inertia Memorization for the AP Physics C Test (no lecture notes)
 Video Lecture #20 – Introduction to the Parallel Axis Theorem with an Example Problem

Parallel-axis Theorem

$$I = I_{cm} + mD^2 \quad \# \text{Memorize}$$

D is the distance from center of mass to new AOR

* Only true with constant densities



$$I_{cm} = \frac{1}{12} mL^2$$

$$I_{end} = I_{cm} + mD^2$$

$$I_{end} = \frac{1}{12} mL^2 + m \left(\frac{L}{2} \right)^2$$

$$= \frac{1}{12} mL^2 + \frac{mL^2}{4}$$

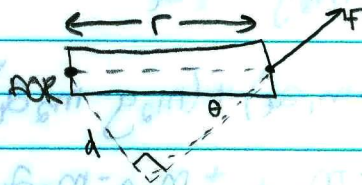
$$= \left(\frac{1}{12} + \frac{1}{4} \right) mL^2$$

$$= \frac{1}{3} mL^2$$

Video Lecture #21 – Introduction to Torque and The Rotational form of Newton's 2nd Law

Torque $\tau = r F \sin \theta$

↑
lever arm

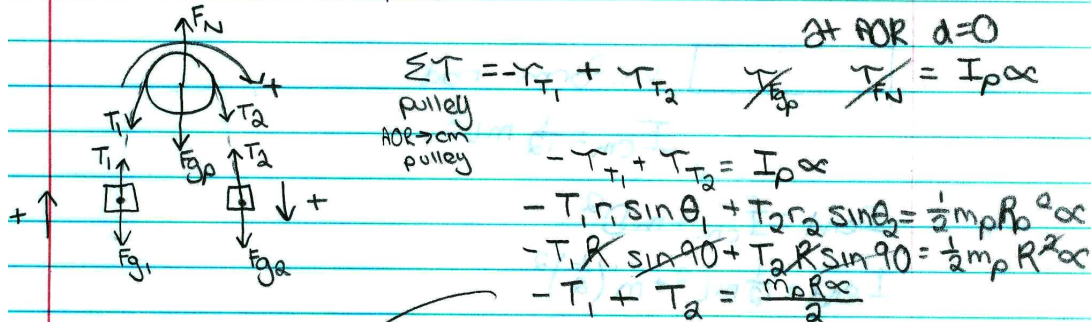
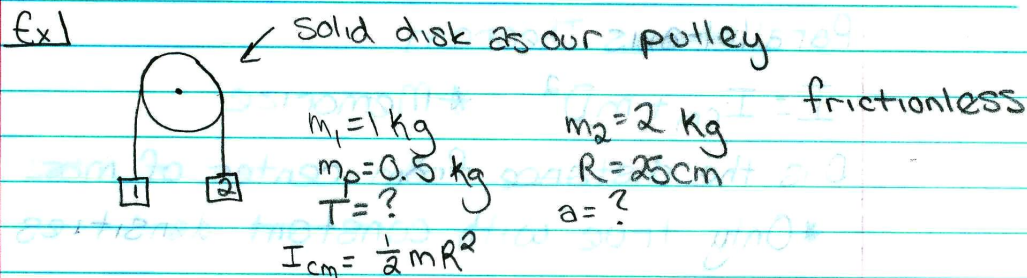


$$\sin \theta = \frac{d}{r}$$
$$d = r \sin \theta$$

$$\sum \vec{F} = m\vec{a}$$

$$\sum \tau = I\alpha$$

AOR



$\sum F_t = T_1 - F_{g1} = m_1 a_t$
 $T_1 - m_1 g = m_1 a_t$
 $T_1 = m_1 g + m_1 a_t$

$\sum F_t = F_{g2} - T_2 = m_2 a_t$
 $m_2 g - T_2 = m_2 a_t$
 $T_2 = m_2 g - m_2 a_t$

$a_t = R \alpha$

$-(m_1 g + m_1 a_t) + (m_2 g - m_2 a_t) = \frac{m_p R \alpha}{2}$
 $-m_1 g - m_1 a_t + m_2 g - m_2 a_t = \frac{1}{2} m_p a_t$
 $-m_1 g + m_2 g = m_1 a_t + m_2 a_t + \frac{1}{2} m_p a_t$
 $-m_1 g + m_2 g = a_t (m_1 + m_2 + \frac{m_p}{2})$
 $a_t = \frac{- (1)(9.8) + (2)(9.8)}{1 + 2 + \frac{0.5}{2}}$
 $a_t = 3.02 \text{ m/s}^2$

Don't work

$\sum \tau_{all} = -\tau_{F_g} + \tau_{T_1} - \tau_{T_1} + \tau_{T_2} - \tau_{T_2} + \tau_{F_{g2}} \neq I \alpha$
 $m_1 + m_2 \text{ no } \alpha$

$\sum F_{all} = -F_{g1} + T_1 - T_1 + T_2 - T_2 + F_{g2} = (m_1 + m_2 + m_p) a_t$
 pulley no constant a_t

Video Lecture #23 – Comparing Linear and Rotational Variables

Linear	Rotational
x	θ
v	ω
a	α
UAM	$U \propto M$
mass	I
$KE = \frac{1}{2}mv^2$	$KE_{rot} = \frac{1}{2}I\omega^2$
$\Sigma \vec{F} = m\vec{a}$	$\Sigma \vec{\tau} = I\vec{\alpha}$
$P = F \cdot v$	$P_{rot} = \tau \cdot \omega$

Video Lecture #24 – Problem - Finding Acceleration of Two Masses on a Pulley using Conservation of Energy

Ex] solid disk

$m_1 = 1 \text{ kg}$
 $m_2 = 2 \text{ kg}$
 $m_p = 0.5 \text{ kg}$
 $R = 0.25 \text{ m}$
 $v_i = 0$
 $\text{dist} = 1.50 \text{ m}$
 $\mu = 0$
 $v_f = ?$ $a = ?$

$mE_i = mE_f$
 $0 = U_{g1f} + U_{g2f} + KE_{1f} + KE_{2f} + KE_{pf}$
 $0 = m_1gh_{1f} + m_2gh_{2f} + \frac{1}{2}m_1v_{1f}^2 + \frac{1}{2}m_2v_{2f}^2 + \frac{1}{2}I\omega_f^2$
 $0 = m_1gh_{1f} + m_2gh_{2f} + \frac{1}{2}m_1v_f^2 + \frac{1}{2}m_2v_f^2 + \frac{1}{2}m_pv_f^2$
 $0 = m_1gh_{1f} + m_2gh_{2f} + v_f^2 \left(\frac{m_1}{2} + \frac{m_2}{2} + \frac{m_p}{4} \right)$
 $v_f^2 = \frac{-m_1gh_{1f} - m_2gh_{2f}}{\frac{m_1}{2} + \frac{m_2}{2} + \frac{m_p}{4}}$
 $v_f^2 = \frac{-m_1gh_{1f} - m_2gh_{2f}}{\frac{1}{2} + \frac{2}{2} + \frac{0.5}{4}}$
 $v_f^2 = \frac{-(1)(9.8)(0.5) - 2(9.8)(-0.5)}{\frac{1}{2} + \frac{2}{2} + \frac{0.5}{4}}$
 $v_f = 1.736$
 $v_f = 1.7 \text{ m/s}$

$v_t = r\omega$
 $v_t^2 = r^2\omega^2$
 $KE_{rot} = \frac{1}{2}I\omega^2$
 $= \frac{1}{2} \left(\frac{1}{2}m_pR^2 \right) \omega^2$
 $= \frac{1}{4}m_pR^2\omega^2$
 $= \frac{1}{4}m_pv_f^2$

$v_f^2 = v_i^2 + 2ay$
 $\frac{v_f^2 - v_i^2}{2ay} = a$
 $\frac{(1.736)^2 - 0^2}{2(0.5)} = \boxed{3.02 \text{ m/s}^2}$

Rolling without Slipping

$$v_{cm} = r\omega$$

$$KE_t = \frac{1}{2}mv^2 + \frac{1}{2}I\omega^2$$

$$a_{cm} = r\alpha$$

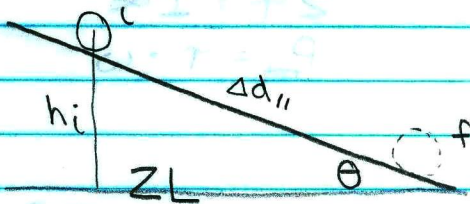
Ex1 Solid sphere

rolling down incline

$$v_i = 0 \quad I_{cm} = \frac{2}{5}mR^2$$

$$v_{cm}^2 = r^2\omega^2 = v_f^2$$

$$a_{cm} = ?$$



$$\sin \theta = \frac{h_i}{\Delta d_{||}}$$

$$h_i = \Delta d_{||} \sin \theta$$

Cons of E

$$ME_i = ME_f$$

$$mgh_i = \frac{1}{2}mv_f^2 + \frac{1}{2}I\omega_f^2$$

$$mgh_i = \frac{1}{2}mv_f^2 + \frac{1}{2}\left(\frac{2}{5}mR^2\right)\omega^2$$

$$gh_i = \frac{v_f^2}{2} + \frac{1}{5}R^2\omega^2$$

$$gh_i = \frac{v_f^2}{2} + \frac{1}{5}v_f^2$$

$$gh_i = \frac{7}{10}v_f^2$$

$$g(\Delta d_{||} \sin \theta) = \frac{7}{10}v_f^2$$

$$v_f^2 = \frac{10}{7}g\Delta d_{||} \sin \theta$$

UAM

$$v_f^2 = v_i^2 + 2a_{||}\Delta d_{||}$$

$$\frac{10}{7}g\Delta d_{||} \sin \theta = 0^2 + 2a_{||}\Delta d_{||}$$

$$a = \frac{5}{7}g \sin \theta$$

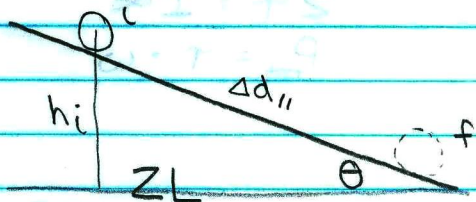
Ex 1 Solid sphere

rolling down incline

$$v_i = 0 \quad I_{cm} = \frac{2}{5} m R^2$$

$$v_{cm}^2 = r^2 \omega^2 = v_f^2$$

$$a_{cm} = ?$$



$$\sin \theta = \frac{h_i}{\Delta d_{\parallel}}$$

$$h_i = \Delta d_{\parallel} \sin \theta$$

(Cons of E)

$$ME_i = ME_f$$

$$mgh_i = \frac{1}{2} m v_f^2 + \frac{1}{2} I \omega_f^2$$

$$mgh_i = \frac{1}{2} m v_f^2 + \frac{1}{2} \left(\frac{2}{5} m R^2 \right) \omega_f^2$$

$$gh_i = \frac{v_f^2}{2} + \frac{1}{5} R^2 \omega_f^2$$

$$gh_i = \frac{v_f^2}{2} + \frac{1}{5} v_f^2$$

$$gh_i = \frac{7}{10} v_f^2$$

$$g(\Delta d_{\parallel} \sin \theta) = \frac{7}{10} v_f^2$$

$$v_f^2 = \frac{10}{7} g \Delta d_{\parallel} \sin \theta$$

UAM

$$v_f^2 = v_i^2 + 2a_{\parallel} \Delta d_{\parallel}$$

$$\frac{10}{7} g \Delta d_{\parallel} \sin \theta = 0 + 2a_{\parallel} \Delta d_{\parallel}$$

$$a = \frac{5}{7} g \sin \theta$$